

## Juneau Community Resource List Updated JUNE 2019

EMERGENCY HOTLINES	
<b>EMERGENCY - Police - Fire - Ambulance</b>	<b>911</b>
<b>American Red Cross Disaster Action Team</b>	<b>500-8657</b>
<b>AIDS Statewide Helpline</b>	<b>1-800-478-2437</b>
<b>AWARE crisis line</b>	<b>586-1090</b>
<b>BRH Emergency Room</b>	<b>796-8427</b>
<b>Poison Control Centers Emergency</b>	<b>1-888-222-1222</b>
EMERGENCY SHELTERS	
<b>AWARE - Gender Inclusive</b>	<b>586-6623</b>
<b>The Glory Hall - 247 South Franklin Street</b>	<b>586-4159</b>
<b>Juneau Youth Services -ages 10 to 21</b>	<b>789-7654</b>
<b>JYS Cornerstone Emergency Shelter</b>	<b>24/7/365</b>

SUICIDE PREVENTION and SOMEONE TO TALK TO	
<b>Alaska CARELINE Suicide Prevention &amp; Someone to Talk To Line</b>	<b>1-877-266-4357</b>
<a href="http://carelinealaska.com/">http://carelinealaska.com/</a>	
<b>Juneau Suicide Prevention</b>	<b>1-877-266-4357</b>
<a href="https://juneausuicideprevention.org/resources/">https://juneausuicideprevention.org/resources/</a>	
<b>National Suicide Prevention Lifeline</b>	<b>1-800-273-8255</b>
<a href="http://www.suicidepreventionlifeline.org/">http://www.suicidepreventionlifeline.org/</a>	
<b>SEARHC Crisis Helpline</b>	<b>1-877-294-0074</b>
<a href="http://searhc.org/service/behavioral-health/">http://searhc.org/service/behavioral-health/</a>	
<b>Veterans Crisis Line</b>	<b>1-800-273-8255 Press 1</b>
<a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a>	

PROVIDER NAME & LOCATION		FOOD BANKS --- PREPARED MEALS ---SHOWERS --- LAUNDRY								
AGENCIES & CHURCHES	Phone	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Instructions	
Auke Bay Bible Church 11970 Glacier Hwy	789-9318	After Service	~~~~	~~~~	~~~~	~~~~	10 AM-2PM	After Service	by app't	
Douglas Community United Methodist Church	364-2408	~~~~	~~~~	~~~~	2:00-4:00	~~~~	2:00-4:00	~~~~	1 bag/ month	
Helping Hands Switzer Village Rec Hall	789-4390	~~~~	~~~~	5:30-7:00	~~~~	~~~~	5:30-7:00	~~~~	\$1.00 requested	
Resurrection Lutheran 740 W. 10th Street	586-2380	~~~~	12:00-4:30	~~~~	~~~~	~~~~	~~~~	~~~~	as available	
Salvation Army 439 W. Willoughby Ave	586-2136	~~~~	~~~~	9:00 A-11:30A	~~~~	4:00P-6:00P	~~~~	~~~~	Bring ID	
Shepherd of the Valley 4212 Mendenhall Loop	789-4093	~~~~	~~~~	6:30-7:30 P	~~~~	~~~~	~~~~	9:00-10:00 A	dry & canned	
Southeast Alaska Food Bank 10020 Crazy Horse Dr	789-6184	~~~~	Agency Only	Agency Only	Agency Only	Agency Only	Agency Only	Agency Only	bring a bag	
St. Brendan's Episcopal 4207 Mendenhall Loop	789-5152	~~~~	~~~~	~~~~	~~~~	4:30 P-7:00 P	~~~~	~~~~	once each week	
St. Vincent de Paul 8617 Teal St	789-5535 extension 4	When funding exists, food vouchers of \$15.00 to Fred Meyers are given.							Call First	
WIC-Women, Infants, and Children 1046 Salmon Creek Lane on SEARHC Campus	463-4099	~~~~	App'ts 8:30 A-4:30 P	App'ts 8:30 A-4:30 P	<b>Walk-In 8:30 A - 5:30 P</b>	App'ts 8:30 A-4:30 P	~~~~	~~~~	ID & proof of income	
PREPARED MEALS	Phone	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Instructions	
The Glory Hall Shelter, Soup Kitchen, Care Center	586-4159	Brunch 11:30	Mon-Sat Breakfast at 9:00 AM		Mon-Sat Lunch at Noon		Daily Dinner at 6:00 PM		Daily	
Meals On Wheels by Catholic Community Services, Southeast Senior Services	463-6179	~~~~	Hot nutritious meals are available to senior citizens, age 60 and older, each <b>weekday</b> at noon. Home delivered meals are available.					~~~~	Call for eligibility	
St. Brendan's Episcopal Church 4207 Mendenhall Loop	789-5152	~~~~	~~~~	~~~~	~~~~	Galley Meal 6 PM	~~~~	~~~~	Every Thursday	
SHOWERS and LAUNDRY	Phone	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Specifics	
Alaska Laundry and Dry Cleaning 1114 Glacier Ave	586-1133	~~~~	7:30A-5:30P	7:30A-5:30P	7:30A-5:30P	7:30A-5:30P	7:30A-5:30P	9AM-4PM	<b>Must use Quarters</b>	
Squires Laundry Laundromat and Hot Showers	209-3881	6 AM- 9 PM	6 AM- 9 PM	6 AM- 9 PM	6 AM- 9 PM	6 AM- 9 PM	6 AM- 9 PM	6 AM- 9 PM		
The Glory Hall Shelter, Soup Kitchen, Care Center Perform a chore or pay \$1.00	586-4159	7 AM-8 PM 1:30 P-3:30P	7 AM-8 PM 1:30 P-3:30P	7 AM-8 PM 1:30 P-3:30 P	7 AM-8 PM 1:30 P-3:30 P	7 AM-8 PM 1:30 P-3:30 P	7 AM-8 PM 1:30 P-3:30 P	7 AM-8 PM 1:30 P-3:30P	<b>Showers Laundry</b>	
<b>UAS Recreation Center Joint Use Facility</b>	<b>Army National Guard Closures, Holiday Adjusted Hours and Closures see <a href="http://www.uas.alaska.edu/juneau/rec/">http://www.uas.alaska.edu/juneau/rec/</a></b>									
UAS Students & Active and Retired Military 12300 Mendenhall Loop Road	Summer> Semester> 796-6544	11AM-8PM	11AM-8PM	11AM-8PM	11AM-8PM	11AM-8PM	11AM-8PM	11AM-8PM	<b>Open Daily</b>	
		<b>FREE access to gymnasium for active duty &amp; retired military</b>							<b>Coast Guard \$3.00 per visit</b>	

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PREGNANCY & BIRTH	ALASKA DOLWD JUNEAU JOB CENTER (JJC)
<b>BRH</b> Birth Center, Breastfeeding Clinic, Labor, Delive 796-8900	Juneau Job Center Resource Room 1st Floor 465-2952
Inside Passage Midwifery & Naturopathic Medicine 463-2600	Unemployment Insurance Claims Call 10AM-3PM M-F 465-5552
Juneau Family Health & Birth Center 586-1203	Vocational Rehabilitation- <b>JJC</b> 3rd Floor 465-8943
Juneau Pregnancy Resource Center-Faith Based 463-6366	
HEALTH and WELLNESS	U.S. MILITARY VETERANS
AK Gov's Council on Disabilities & Special Education 269-8990	Disabled American Veterans 1-888-376-9301
AK Center for the Blind & Visually Impaired 8770-7517	Helmets to Hardhats-construction jobs for veterans 569-4729
AK Registry of Interpreters for the Deaf www.alaskarid.org	Juneau VA Community Based Outreach Clinic 796-4300
Alaska's Tobacco Quit Line 1-800-784-8669	The American Legion 1-888-353-7574 ext 4802
Alaskan AIDS Assistance Association 586-6089	Veterans of Foreign Wars of the US 1-888-353-7574 ext 4801
<b>BRH</b> Bartlett Regional Hospital 796-8900	Vietnam Veterans Service Officer Lucy Gifford 465-4211
<b>BRH</b> Rainforest Recovery Center 796-8690	EDUCATION & TRAINING
Catholic Community Service Hospice & Home Care 463-6111	Adult Education, College & Career Prep, ESL, Citizenship 586-5718
Community Mental Health Referral Services <b>HSS/DI</b> 465-3370	Career Support & Training Services at <b>JJC</b> 465-5545
COMPASS Homecare-Division of Center for Commu 790-3650	Drivers Training Program at <b>SERRC TLC</b> 586-6806
Cornerstone Home Care 586-6838	Juneau Construction Academy www.tlcalaska.org 586-5718
Denali KidCare (CHIP) <b>SOA/HSS/DPA</b> 465-3537	<b>SERRC-TLC</b> The Learning Connection 586-5718
family wize Prescription Drug Discount Card 800-222-2818	<b>UAS</b> University of Alaska Southeast Juneau Campus 796-6000
<b>JAMHI</b> Health & Wellness, Inc. / NCADD 463-3303	<b>VTRC</b> Vocational Training & Resource Center 463-7375
<b>JASAP</b> Juneau Alcohol Safety Action Program 463-6804	TEENS & YOUNG ADULTS
Juneau Public Health Center <b>SOA HSS</b> 465-3353	<b>CCTHITA</b> YES ages 14-21 tribal enrollment required 463-7332
Ladies First Alaska Breast & Cervical Services <b>SOA</b> 1410-6266	Job X for ages 16 - 24 at <b>SERRC</b> 586-5718
Let Every Woman Know-Alaska leteverywomanknow.org	<b>JSD</b> Students & Families in Transition or Homeless 780-2060
<b>NAMI</b> National Alliance on Mental Illness 463-4251	Juneau Youth Services-School, Residential, Family 789-7610
Planned Parenthood Juneau Health Center 8796-0045	Planned Parenthood - Education 800-769-0045
<b>SEARHC</b> S.E. Alaska Regional Health Consortium 463-4000	Zach Gordon Youth Center 586-2635
<b>SEARHC</b> Front Street Clinic 586-4230	CHILD CARE
ADULT & FAMILY SUPPORT SERVICES	<b>AEYC</b> Ass'n for the Education of Young Children 789-1235
Emergencies 586-6623	Juneau School District <b>RALLY</b> Program 523-1700
AK Network on Domestic Violence & Sexual Assault 586-3650	<b>thread</b> Alaska Child Care Assistance 789-1235
AK DOC Victim Service Unit 877-741-0741	Tlingit & Haida Head Start 463-7127
Alaska 211 (United Way) Find Community Resources 211	SENIOR SERVICES
Alaska Brain Injury Network Inc. 8574-2824	Care-A-Van Transportation Services CCS 463-6194
Alaska Center for Resource Families 479-7307	Juneau Pioneer Home SOA HSS 780-6422
Alaska Legal Services Corporation 586-6425	Juneau Senior Center (at Mt View Apartments) CCS 463-6175
American Red Cross of Juneau 646-5467	<b>Mature Alaskans Seeking Skills Training</b> at SERRC TLC 586-5718
Best Beginnings AK Early Childhood Investment 297-3300	Senior & Caregiver Resource Center CCS 463-6177
Cancer Connection 796-2273	The Bridge Adult Day Program CCS 463-6171
Catholic Community Service 463-6100	HOUSING RESOURCES
Central Council Tlingit & Haida Indian Tribes Alaska 586-1432	Housing Assistance Program Shari Partin 780-4475
Disability Law Center of Alaska 586-1627	<b>AHDC</b> - Gruening Park, Eaglewood, Ravenwood 780-6666
<b>GHS</b> Gastineau Human Services Corporation 780-4338	<b>AHFC</b> Alaska Housing Finance Corporation Office 586-3750
Heating Assistance Applications DHSS/DPA 465-3058	<b>AHFC</b> Cedar Park, Cedar Park Annex, Geneva Woods 586-3750
Juneau Probation Office-Adult Offenders 465-3180	<b>AHFC</b> Mountain View Apts for Seniors & Disabled 586-1420
<b>Love INC</b> -food household goods, clothing 780-4090	<b>AHFC</b> Riverbend on Postal Way Mendenhall Valley 789-3904
Polaris House, Mental Health Support & Inclusion 780-6775	<b>AWARE</b> Transitional Housing for Participants 586-6623
REACH Incorporated 586-8228	<b>GHS</b> Juno House Transitional Housing 780-3023
<b>SAIL</b> Southeast Alaska Independent Living 586-4920	<b>Haven House</b> Transitional Housing for Women 988-7233
<b>SAIL/ORCA</b> Outdoor Rec & Community Access 586-0104	<b>JYS</b> Transitional Living Program (tlp) Ages 16-21 523-6688
Salvation Army 586-2136	<a href="http://www.jys.org">www.jys.org</a> or <a href="mailto:tlp@jys.org">tlp@jys.org</a> 523-6604
Tides LLC - support services 877-309-2640	<b>Orca Point Apts.</b> Low Income and Adaptive 364-3130
United Way of Southeast Alaska 463-5530	<b>St. Vincent de Paul</b> Society of SE AK Transitional Housing 789-5535
	Tlingit-Haida Regional Housing Authority 780-6868